



RECOMMENDED SHOE LIST SPRING 2017

Information provided by
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CUSHION

- New Balance 1080 (v7)**
- Brooks Transcend 4**
- Brooks Glycerin 14**
- Altra Paradigm 2 (rocker/cushion)
- Altra Torin 2.5 (decreased medial support)
- Brooks Ravenna 8
- New Balance 880 V6

GUIDANCE

- New Balance 1080 (v7)**
- Brooks Transcend 4**
- Altra Provision 3 (mid-foot guide)
- Asics 2000-5
- Asics Kayano 23
- Brooks Dyad 9
- New Balance 860 V7

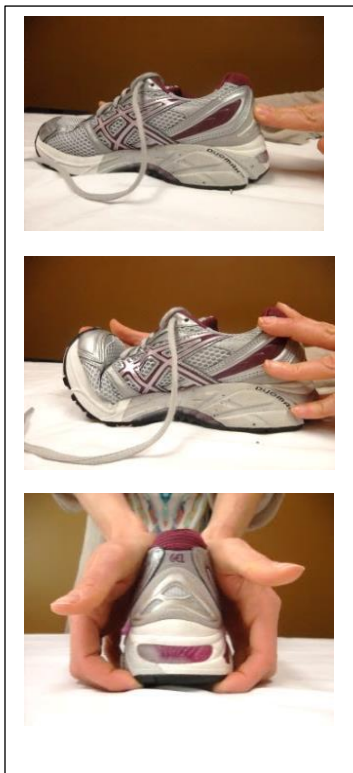
CONTROL

- Asics Foundation 12**
- Brooks Addiction 12
- Saucony Echelon 5

Hruska Clinic Top Recommendations are in Bold
Cushion and guidance categories work best with PRI orthotics

****Neutrality with PRI tests after walking in shoe determines which shoe works for each patient. ****

Quality of a Good Shoe

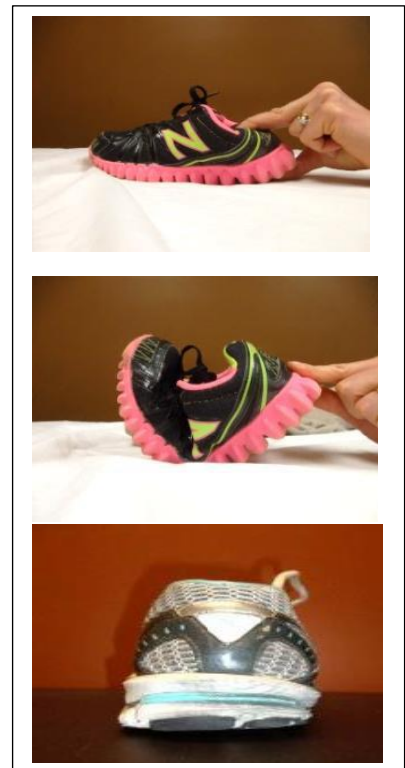


Heel counter does not fold in

Shoe bends in the toe box easily and not in the middle of the shoe. Toe box bend should not be too stiff

No outside heel give and the heel height should be symmetrical

Quality of a Poor Shoe



****When walking you should be able to sense stability of the heel throughout the gait cycle as well as arch support/contact as you step through and push off your big toe.**