



## RECOMMENDED SHOE LIST SPRING 2018

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### CUSHION

**New Balance 1080 (v8)**  
**Brooks Transcend 5**  
**Brooks Glycerin 15**  
Brooks Levitate  
New Balance 880 V6

### GUIDANCE

**New Balance 1080 (v8)**  
**Brooks Transcend 5**  
Asics Fortitude  
Asics 2000-6  
Asics 3000  
Asics Kayano 24  
Brooks Adrenaline  
Brooks Dyad 9  
New Balance 860 V8

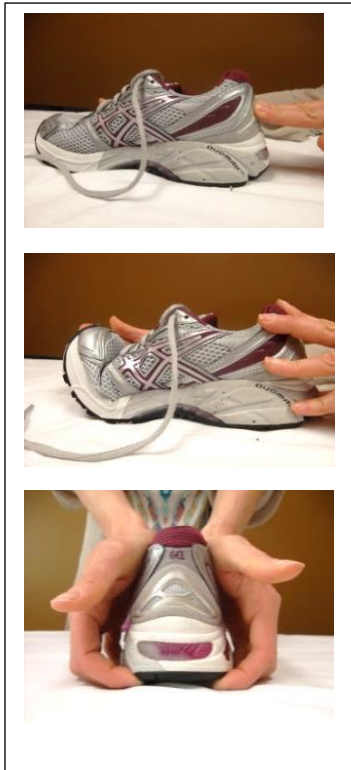
### CONTROL

**Asics Foundation 13**  
Brooks Addiction 13  
Saucony Echelon 6

Hruska Clinic Top Recommendations are in Bold  
Cushion and guidance categories work best with PRI orthotics

**\*\*Neutrality with PRI tests after walking in shoe determines which shoe works for each patient. \*\***

### Quality of a Good Shoe

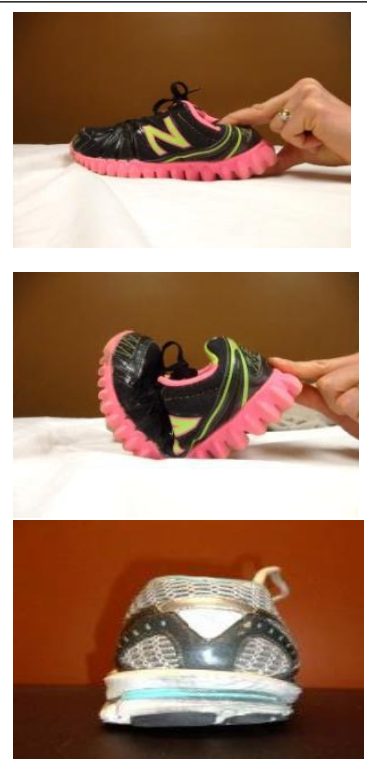


Heel counter does not fold in

Shoe bends in the toe box easily and not in the middle of the shoe. Toe box bend should not be too stiff

No outside heel give and the heel height should be symmetrical

### Quality of a Poor Shoe



**\*\*When walking you should be able to sense stability of the heel throughout the gait cycle as well as arch support/contact as you step through and push off your big toe.**

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