



RECOMMENDED SHOE LIST FALL 2018

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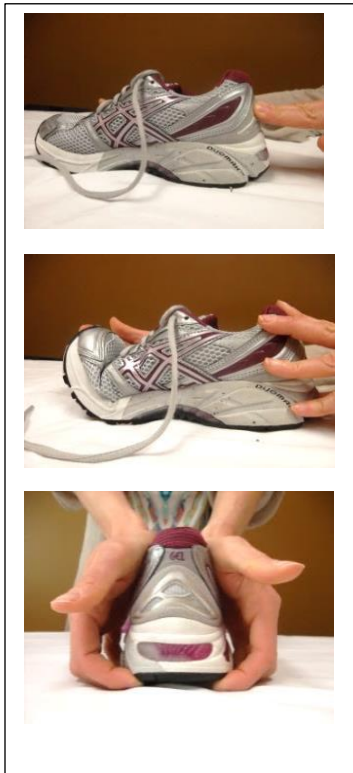
| CUSHION | GUIDANCE | CONTROL | Limited 1st Ray |
|--|--|---|---|
| <i>New Balance 1080 (v8)</i> Brooks Transcend 5 <i>Brooks Glycerin 16</i> Brooks Ghost 11 Asics Cumulus 20 Brooks Levitate 2 New Balance 880 V8 | New Balance 1080 (v8) <i>Brooks Transcend 5</i> Asics Fortitude 8 Asics 2000-6 Asics 3000 Brooks Adrenaline 18 New Balance 860 V9 | Asics Foundation 13 Saucony Omni ISO Saucony Echelon 6 | Hoka Arahi (stability) Hoka Clifton 5 (rocker) |

Italicized Indicate Neuro-sensory shoes

Bold indicated Heel Stability

**Neutrality with PRI tests after walking in shoe determines which shoe works for each patient. **

Quality of a Good Shoe

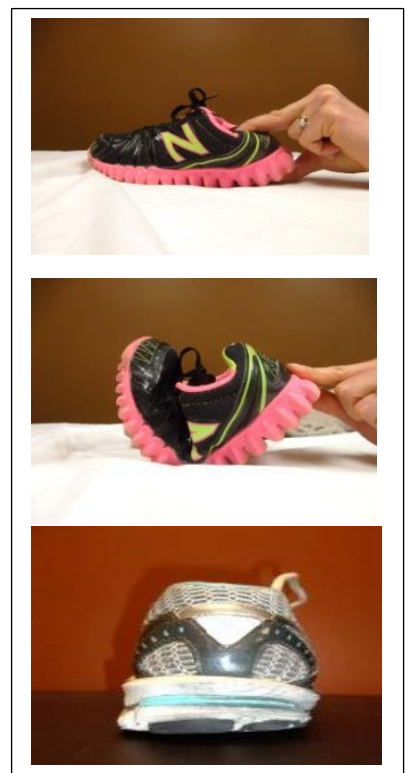


Heel counter does not fold in

Shoe bends in the toe box easily and not in the middle of the shoe. Toe box bend should not be too stiff

No outside heel give and the heel height should be symmetrical

Quality of a Poor Shoe



**When walking you should be able to sense stability of the heel throughout the gait cycle as well as arch support/contact as you step through and push off your big toe.